



ADULT & SENIOR PROGRAMS

September - December 2024



Newsletter Mailing List - Keep up with the latest offerings from Windham Parks & Recreation!

We send out a newsletter 3 times a year, as well as digitally produce our newsletters and program information. This allows us to pass on 3rd party program information that could be of interest to you.

If you would like to be added to the email or physical mailing list, please call us at 892-1905.

8 School Road, Windham, ME • (207) 892-1905 • windhamrecreation.com



ADULT PROGRAM POLICIES



Level of walking for each trip



Low Activity



Moderate Activity



High Activity

Registration Policies

Registration opens 9/26/2024 for Windham residents; opens 9/29/2024 for non-residents.

1. New participants are required to fill out a paper registration form or create an account online, including adding members to households.

- Spouses cannot be included on the same paper form, as each individual needs to sign the release waiver.

2. Registration methods: online, in person, by mail, or over the phone (only with an existing account)

3. First paid, first served for all: Registration and payment must be received before registration is completed and spot is saved.

4. A minimum number of participants may be necessary to run a program.

5. A maximum number of participants is set based on staffing or transportation requirements.

Payment Policies

1. Any outstanding balance owed from a previous program must be paid in full to register for future programs for any family member.

2. Payment methods include cash, checks (made payable to Town of Windham) and all major credit cards (do not accept American Express).

- Credit cards on-line or over the phone; an additional 3% convenience fee will be charged.
- Credit cards in person; no additional fee.

3. Payment is processed immediately.

4. Non-resident fees may apply.

Trip Policies

1. Phone calls will be made to all participants the day before a program to confirm:

- Pick up times, Pick up location, Additional important information

2. All trips depart and return from 2 regular locations:

- Windham Town Hall.
- Park & Ride lot behind Evergreen Credit Union on Rte. 302.
- Additional pick-up locations are available upon request.

3. Trip times may alter slightly from what has been promoted based on number of participants or other factors such as weather.

Cancellation Policies

1. Windham Parks & Recreation reserves the right to cancel or consolidate any program that does not meet minimum enrollments.

2. In the event a program needs to be cancelled, participants will be notified by a phone call.

Refund Policies

1. 100% refund if program is cancelled by Windham Parks & Recreation, minus the credit card processing fee.

2. Refunds will be given for cancellations except for events where pre-paid tickets have been purchased.

- Pre-purchased tickets can only be refunded if there is a waiting list. Waiting list participant must confirm and pay the trip fee before the refund is granted.

3. There are no cash refunds.

4. Program Coordinator will ask participants whether they prefer an account credit or a refund.

5. No refunds will be given for canceling the day of.



GAMES



Bingo

Come join us for a rousing game of Bingo two Mondays every month! Bring your lucky charms, good humor and quick reactions. Refreshments will be served as well!

When: Mondays, September 9 & 23

October 7, November 4 & 18

December 2 & 23

Christmas Potluck & Raffle on December 23!

Location: Windham Town Hall Gym

Time: 1:00-2:30PM

Fee: Free



Mahjong

Mahjong is a matching game with a simple set of rules: The goal of the game is to remove all tiles from play by matching identical pairs.

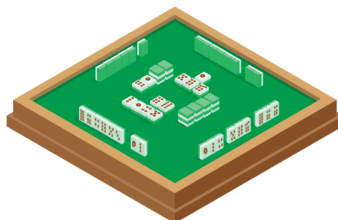
Whether you are an advanced player or a beginner!
All are Welcome!

**Dates: Thursdays,
September 12-December 19**

**Location: Town Hall
Council Chambers**

Time: 2:00-4:00PM

Fee: Free



Poker

Good friends, fun time!
Come play a hand or 2 of poker at the Lakes Region Senior Center! Transportation from Windham Town Hall will be provided!

Registration is required with LRSC.

Register through Windham Parks & Rec for transportation only!

When: Every Tuesday

Time: 8:30 AM - 12:00 PM

Location: Gorham

Fee: \$20 for the year



Historical Society Harvest Festival

Join us for a day of family fun! Tours of Village Green buildings, a craft fair, live entertainment, food, games, and old-fashioned fun!

Dates: Saturday, September 28

Location: Windham Historical Society

Time: 10:00 AM - 3:00 PM



FAIRS

Fryeburg Fair

Join us for a fun day at one of the most well-known fairs in Maine! Play some games, see the animals, and most importantly, eat some fair food!

Date: Tuesday, October 1

Location: Fryeburg Fair Grounds

Time: 9:00AM - 4:00PM

(Approx.)

Fee: \$20



Damariscotta Pumpkinfest & Regatta

Each year, local Maine artists more than meet the challenge of decorating dozens of "Atlantic Giant" pumpkins that are displayed in downtown Damariscotta & Newcastle!

Date: Saturday, October 12

Time: 10:00AM - 5:00PM

(Approx.)

Fee: \$25



THEATER

Carousel Music Theater

Join us at the Carousel Music Theater for a fun, musical, murder mystery dinner! Figure out who dunnit with "The Secret of Cell Block 7"! This is an immersive Murder Mystery Dinner, with a 3-course lunch included!

Date: Wednesday, September 4

Location: Carousel Music Theater, Boothbay

Time: 9:00AM - 5:00PM (Approx.)

Fee: \$75



A Christmas Carol

This beloved Lewiston/Auburn holiday tradition returns to The Public Theatre! Six actors and a fiddler perform the Dickens out of this beloved holiday classic—in a way you've never imagined and will never forget.

Dates: Saturday, December 14

Location: Public Theater, Lewiston

Time: 10:00AM-5:30PM (Approx.)

Fee: \$55

Lunch: At Governors (On your own)



Cirque Dreams Holidaze

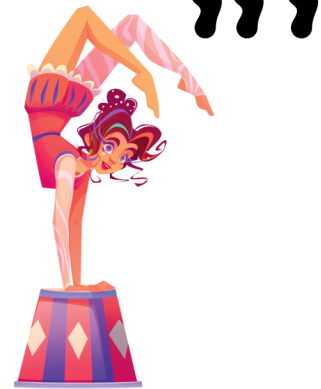
Cirque Dreams Holidaze features a world-renowned cast of performers accompanied by an ensemble of aerial circus acts, sleight-of-hand jugglers, fun-loving skippers, breath-catching acrobatics, and much more.

Date: Thursday, December 12

Location: Cross Insurance Arena, Portland

Time: 5:00PM- 10:30PM

Fee: \$70



The Snow Queen

A beautiful story to be enjoyed by the whole family! A story of friendship and bravery with magic and a visually striking setting, The Snow Queen takes us through many seasons on a hero's journey. Kai and Gerda have been best friends their whole lives, but when a shard of a magic mirror gets caught in Kai's eye, he sees the world in a different light.

Date: Saturday, December 21

Location: Portland Stage, Portland

Time: 12:00PM-5:00PM

Fee: \$75



COMMUNITY

Afternoon Tea

Enjoy afternoon tea and light lunch while learning about home sharing opportunities through Nesterly!

Date: Tuesday, September 17

Location: Windham Town Hall Gym

Time: 1:00PM - 3:30PM

Fee: Free

Lunch: Included



Thanksgiving Lunch

Join us for our annual Thanksgiving Lunch co-hosted by Age Friendly Windham! Enjoy a day of thankfulness and holiday cheer!.

Date: Friday, November 15

Location: Windham Town Hall Gym

Time: 11:00AM - 1:00PM

Fee: \$10



SPORTS

Pickup Basketball

Come join us 3 evenings a week.
All adults are welcome!
Registration is required!

**Dates: Monday, Tuesday, Wednesday,
September 16 - December 19**

Location: Windham Primary School

Time: 7:00PM - 9:00PM

Fee: \$40 per session

Adult 4x4 Basketball

The 2024 Fall/Winter season will start September 12th. Once all teams have registered, the schedule will be emailed to coaches and will be available on our website. Please check website for all items needed to complete registration.

Dates: Thursdays, September 12 - February 6

Location: Town Hall Gym and Manchester School Gym

Time: 7:00PM - 9:00PM

Fee: \$200 per team

Beginner Pickleball Lessons

In this four-week program, you'll learn how to effectively strike the ball, maintain a rally, keep score, and the rules and basic gameplay. At the conclusion of these lessons, players will have the foundational understanding and skills to start playing Pickleball.

Dates: Saturdays, September-December

**Location: September & October Windham Community Park.
November & December Town Hall Gym**

Time: 11:00AM - 12:00PM

Fee: \$75 per month

Coached Pickleball

Come join us for a game of Pickleball with friends. Dave Cousins will give specific coaching tips between rallies to help improve your game.

Dates: Saturdays, September - February
Location: September & October Windham Community Park. November & December Town Hall Gym

Time: 12:00PM - 1:00PM

Fee: \$75 per month



MUSEUMS/HISTORIC SITES

Equestrian Afternoon and Museum

The Pineland Farms Equestrian Center is a state-of-the-art facility that breeds and promotes quality Morgan horses.

Please join us for a tour of this wonderful facility.

Date: Thursday, September 12

Location: New Gloucester, ME

Time: 11:00AM - 5:00PM (Approx.)

Fee: \$20 (Lunch on own)

Lunch: Pineland Farms Market (On your own)

Fort Knox

A wonderful day at the world famous Fort Knox followed by a breathtaking ride to the top of the Penobscot Narrows Bridge & Observatory.

Date: Tuesday, October 8

Location: Prospect, ME

Time: 8:30AM - 6:00PM (Approx.)

Fee: \$30

Lunch: Nautilus Restaurant, Belfast (On your own)

Ghosts & Graves Tour

Presented by the Windham Historical Society! A haunted history bus tour starting on the Windham village green and ending at the Anderson-Smith Cemetery on River Road. You never know what you may see if you look hard enough.....A Ghost????

Date: Wednesday October 30

Location: Windham, ME

Time: 9:00AM - 3:00PM (Approx.)

Fee: \$15

Lunch: Red City Ale House (On your own)



Remick Country Doctor Museum and Tramway Artisans Gift Store

Located in historic Tamworth Village, where father and son country doctors, Dr. Edwin Remick and Dr. Edwin "Doc" Crafts Remick, lived and practiced. The museum encompasses the Remick farmstead, with its two homes, three barns, outbuildings, pastures. We will follow this with a fun trip to the Tramway Artisans Gift Store.

Date: Thursday, September 19

Location: Tamworth Village, NH

Time: 9:00AM - 5:00PM (Approx.)

Fee: \$35

Lunch: Mountainview Station (On your own)

Maine Maritime Museum

Experience Maine's seafaring history on the banks of the Kennebec River. The 20-acre waterfront campus includes indoor galleries with rotating and permanent exhibits, the country's only surviving historic wooden shipyard, a working boat shop, a Victorian shipbuilder's home, and more!

We will also board the Merrymeeting for a cruise viewing of Maine's light houses and wildlife!

Date: Monday, October 21

Location: Bath, ME

Time: 9:00AM - 3:30PM (Approx.)

Fee: \$50

Lunch: Wild Oats Bakery (On your own)

Maine Military Museum

The Maine Military Museum in South Portland is a treasure trove of military history, containing items and artifacts from the Revolutionary War to the current conflicts. This expansive collection includes everything from 18th Century playing cards to an F14 ejection seat, representing every conflict in American history..

Date: Thursday, November 7

Location: South Portland

Time: 10:00 AM - 3:00 PM

Fee: \$20

Lunch: Dock's Seafood (On your own)





MISC.



Apple Picking at Wallingford's

It's the perfect time of year to enjoy the outdoors, pick apples, and bake some family recipes! Get your apples, donuts, apple dumplings, pies and more!

Date: Monday, September 23

Location: Auburn, ME

Time: 10:00AM - 2:00PM

Cost: \$10



Casino Day

Come try your luck at Oxford Casino!!!!

Feeling Lucky??

Slots? Video Poker? Table Games? Press your luck and see if you win!

Date: Wednesday, October 23

Location: Oxford, ME

Time: 10:00AM - 4:00PM

Fee: \$15

Lunch: Ox Pub (On your own)



The Price is Right Live!

Come on down! You might be the next contestant on the Price is Right! Join us as we take our shot to get called down to play one of the most famous game shows of all time!

Date: Wednesday, September 25

Location: Portland, ME

Time: 6:00PM - 10:00PM

Fee: \$80

Dinner: Concession food included



Tacos & Trivia

Join us for an electrifying afternoon of brain-teasing fun! Whether you're a trivia whiz or a casual player, our trivia event promises excitement, laughter, and friendly competition.

Gather your friends to make a team (3 or more per team)

(don't forget a catchy team name)

Lunch will be served buffet style. Tacos and all the fixings.

Date: Tuesday, November 5

Location: Town Hall Gym

Time: 12:00PM - 2:30PM

Fee: \$5 per person



Mystery Holiday Lunch

Let's relax with a warm lunch date.

Time spent with good friends before the holiday rush begins!

Date: Tuesday, December 17

Location: It's a mystery

Time: 10:30AM - 2:30PM

Fee: \$15



Conway Scenic Railroad

Enjoy a Sawyer River Excursion on this Conway Scenic Railroad Tour! Travel back in time on this heritage Sawyer river excursion! You'll enjoy riding along this historic rail route in vintage passenger cars from our 1874 train station in North Conway Village to Sawyer River and back.

Date: Thursday, October 17

Location: North Conway

Time: 9:30AM - 7:30PM

Fee: \$90

Lunch: Muddy Moose (On your own)



Antiquing & Lunch

Let's spend an afternoon with good friends!

Browsing through the antique and flea markets of Oxford.

*Oxford Barn Flea Market

*Route 26 Antiques

*Hall & Sons Antiques and Collections

Date: Thursday, November 21

Location: Oxford, ME

Time: 10:30AM - 4:00PM

Fee: \$20

Lunch: The Square (On your own)





HOLIDAY ACTIVITIES



Lighting of Nubble Lighthouse

Join us for cookies, hot chocolate, Christmas Carols and the lighting of Nubble Lighthouse for the holiday season!

Date: TBD, will be at end of November

Location: York

Time: 3:30PM - 8:00PM

Fee: \$20



Holiday Light Adventure

Come enjoy a drive through Windham and Westbrook to see the beautiful holiday lights. Followed by homemade hot donuts, cider and hot chocolate at the Frog & Turtle.

Date: Monday, December 2nd

Location: Westbrook

Time: 4:00PM - 6:00PM

Fee: \$10



Christmas Shopping North Conway

Everything you may need for the holidays in one spot, Surrounded by the beautiful White Mountains!

Shop till you drop!!

Date: Monday, November 25

Location: Settlers Green, North Conway

Time: 9:00AM - 5:00PM

Fee: \$25



Lunch: Muddy Moose (On your own)

Stone Mountain

Nestled in the foothills of the White Mountains in Brownfield, Maine, the Stone Mountain Arts Center is a beautiful timber frame music hall hosting national acts up close and personal in an equally beautiful setting. But for just one day, it will be our very own performance venue where we will enjoy the generous portions of a homestyle chicken luncheon served with love while we listen to Carol Noonan perform traditional holiday music!

Date: Thursday, December 5

Location: Brownfield

Time: 10:00AM - 2:30PM

Fee: \$65



HEALTH/ WELLNESS



Fitness Foundation

In these exercise classes, the individual completes the exercise while seated in a wheelchair, or any other type of chair. Activities can be aerobic to improve heart health, strength based to build muscle, or yoga inspired to stretch the body.

Location: Town Hall Gym

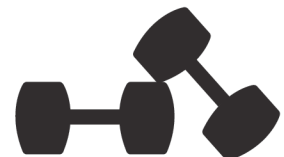
Date: Mondays, September 9 - December 30

Wednesdays, September 4 - December 18

Time: 10:00AM - 11:00AM (Both days)

Fee: \$5 drop in

\$12.75, \$17, or \$21.25 per month (depending on number of weeks in the month)

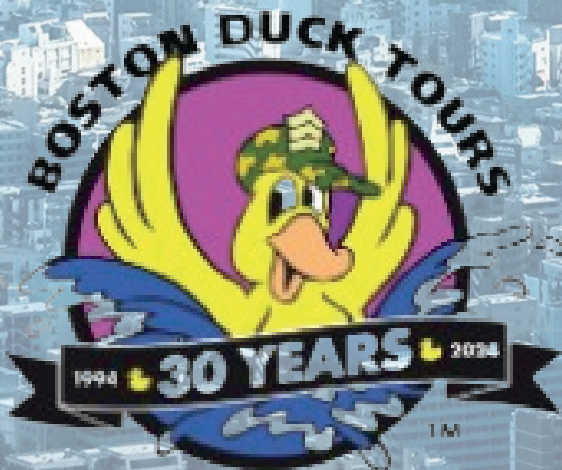


Boston Bound!

from land to sea

A Scenic Train ride, Duck Tour & More!

First enjoy the original Boston Duck Tour that takes you through the city streets and along the banks of the Charles River. After completing your tour, you will walk over and be treated to a one of a kind attraction at the Mary Eddy Baker Library. The Mapparium is the world famous three-story stained glass globe that one walks into and enjoys an original presentation. After a fun filled morning we will enjoy a bite to eat at the world famous Quincy Market, before boarding the train home!



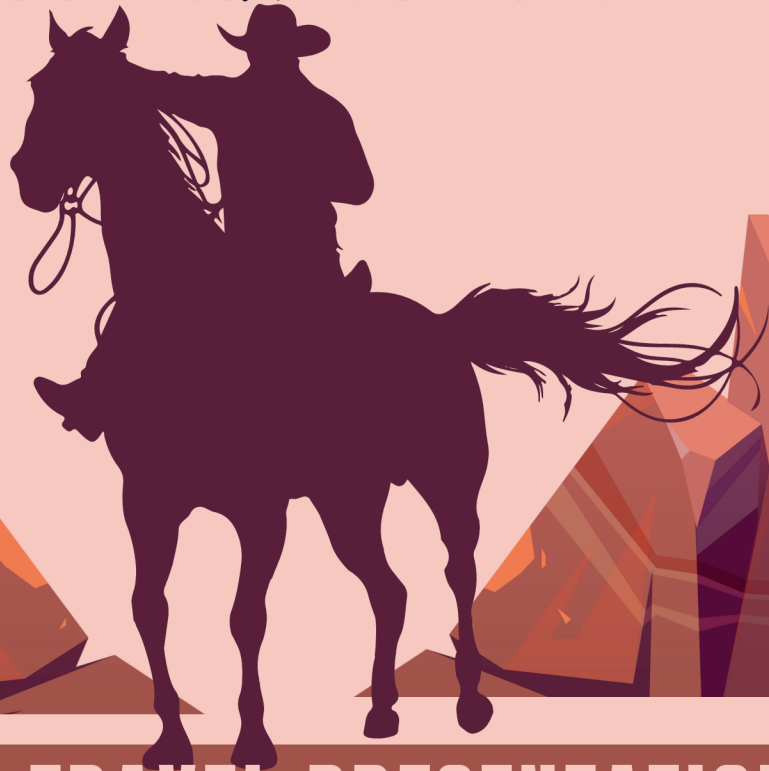
Date: Saturday
October 5th
7:00am - 8:00pm
Cost: \$175
(meals on own)



America's Cowboy Country Trip

Exploring, Yellowstone, Badlands, Mt. Rushmore, Jackson Hole, Grand Tetons
and so much more....

May 29th - June 5th 2025



SPECIAL TRAVEL PRESENTATION

Thursday September 5th 2024

2:00pm - 3:30pm

Windham Town Hall Council Chambers



Refreshments will be served

