



Low-Cost Foot Care Clinic

Open to the public & Unity Garden
residents

Come help more RNs learn the specialty of foot care
nursing!!!

October 21-24, 2025

 **Unity Gardens** 
124 Tandberg Trail
Windham, ME 04062

\$60 cash or check/per person

60-minute sessions include:

- Nursing assessment of the lower legs, feet, toes and toenails;
- trimming and smoothing of toenails;
- Reduction of thickened and/fungal toenails, callouses, and corns;
- Relief of most ingrown toenails;
- Application of moisturizing lotion to lower legs and feet, with gentle massage;
- Patient education.

Call to schedule your appointment today!

(207) 991-0141

www.fundamentalfootcare.com

Our low-cost clinic services are provided by RNs, precepted by our own highly
trained foot care nurses.